Finals are fast approaching, but there is still plenty of time to study and get help before the semester is done! Take advantage of your professors’ office hours and study groups that may be going on with your classmates. There are other resources and opportunities available as well, such as the following:

The Diversity Programs office and Cargill are sponsoring a study hall from December 3rd to December 7th. The study hall will be held in Water hall 106 at 6 to 10 p.m. Everyone is welcome to come at study with us. There will be snacks to keep you focused. Feel free to come and go as you please.

Many residence halls will also provide different ways to prepare for finals, from programs on how to study and prepare to finals week “study breaks” so that you can have a moment to relax as you prepare.

Finally during finals week remember to get as much sleep as possible and get an early start on studying to make this finals week the most successful it can be for you. Studies show that the most effective way to study is NOT TO CRAM. Instead, take the next couple weeks to get ahead on your studying. Spend 30—40 minutes actively studying a subject. Then take a small five to ten minute break and return to studying for 30—40 more minutes.

Most important of all: double check when your exam times are and where they are located! http://courses.k-state.edu/fall2012/information/xam.htm

Happy Holidays from Everyone at the Diversity Programs office. We would like to wish you good luck on your finals and have a safe and happy holidays!