1) At cone A, posting trot (right diagonal)
2) Transition to a two-point trot
3) Transition to a sitting trot
4) Pick up the canter (left lead) and continue around the end of the arena
5) Change leads at the center of the arena (simple or flying)
6) Canter around the end of the arena
7) Transition to posting trot (left diagonal)
8) Continue to cone B, stop and back